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*Est. 2010*



*ALL VEGAN*

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**WELCOME**

**— to —**

**CHAMPS**

***DINER***

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197 MESEROLE ST, BKLYN NY 11206

CHAMPSDINER.COM

718 599 2743

# Appetizers

## FRENCH FRIES 6 ◉

*with chipotle mayo*

ADD BACON & CHEESE + 3    ADD CHILI & CHEESE + 3

## SWEET POTATO FRIES 6 ◉

*with chili-lime mayo*

ADD BACON & CHEESE + 3    ADD CHILI & CHEESE + 3

## TATER TOTS 6 ◉

ADD BACON & CHEESE + 3    ADD CHILI & CHEESE + 3

## THREE-BEAN CHILI ◉

CUP 5 OR BOWL 7

## SOUP OF THE DAY

CUP 5 OR BOWL 7

## MOZZARELLA STICKS ▼ 11

## CAULIFIRE WINGS 11 🔥🔥

*fried cauliflower dipped in angry sauce  
topped with sesame seeds & chives  
with celery & ginger aioli*

## TEMPEH WINGS 11

*buffalo or BBQ  
with crudité & ranch dressing*

## SEITAN ASADA FRIES 13

*with seitan asada, sour cream, cheese, chives*

## MAC N CHEESE 10

ADD BROCCOLI + 2    ADD BACON + 3

## TATERTACHOS 13 ◉

*tater tots, nacho cheese, avocado cream,  
sour cream, jalapeños, chives,  
cilantro, radish*

## SPINACH-ARTICHOKE DIP 12

*with crostini*

# Salads

ADD GRILLED CHIK'N +3

## KALE CAESAR 6 / 13

*kale, garlic croutons, parmesan cheese,  
toasted sunflower seeds  
caesar dressing*

CONTAINS NUTS

## THE BIG SALAD 13 ◉▼

*kale, avocado, black beans,  
sweet corn, cherry tomatoes, tortilla strips  
cilantro lime dressing*

## BUFFALO RANCH SALAD 13 ◉

*baked buffalo tempeh, cucumber, red onion,  
tomato, romaine, bacon bits  
ranch dressing*

# Bowls

ADD GRILLED CHIK'N +3    ADD SEITAN +3

## AWESOME BOWL 14 ◉

*quinoa, tofu scramble, bell peppers,  
sautéed kale, tater tots, lemon wedges  
with hollandaise sauce*

## HABIBI BOWL 14 ◉

*crispy chickpeas, shawarma cauliflower,  
rice, onions, with fresh cucumbers,  
tzatziki sauce, fresh parsley*

## BASIC BOWL 12 ◉

*rice, carrots, black beans, broccoli,  
toasted sunflower seeds, avocado,  
tahini-miso dressing*

## SOLTERO BOWL 14

*quinoa, crumbled chorizo, onions,  
mushrooms, bell peppers, sautéed kale,  
chives, lime wedge, tortilla strips  
avocado cream*

## LUCKY BOWL 14 ◉

*edamame, brown rice, shredded carrots,  
shredded cabbage, broccoli, sesame seeds,  
ginger aioli*

## MAC DADDY 15

STARTS AT 5 PM

*mac n cheese, seitan bacon, crumbled  
veggie burger, cherry tomato, broccoli,  
bread crumbs*

*Substitutions and modifications are subject to additional charges.*

*Special requests cannot always be honored.*

▼ = notes a soy-free item    ◉ = notes a gluten-free item

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# Breakfast

## SAG 10

*tofu scramble, soysage, & cheese on a roll*  
ADD CHIPOTLE MAYO OR HOLLANDAISE +.50  
SUB BISCUIT + 2

## CROQUE MADAME 10

*grilled tofu, seitan bacon, cheese, and hollandaise on a pressed hero*  
ADD TOMATO +.50

## ALL VEGAN SLAM 12

*tofu scramble, soysage, hashbrowns, toast, and choice of seitan or tempeh bacon*  
SUB BISCUIT + 2

## PANCAKE SLAM 13

*2 pancakes, tofu scramble, soysage, hashbrowns, and choice of seitan or tempeh bacon*  
ADD CHOCOLATE CHIPS OR BLUEBERRIES + 1/EACH  
ADD BANANAS OR STRAWBERRIES + 1.50/EACH

## FRENCH TOAST SLAM 13

*2 french toast wedges, tofu scramble, soysage, hashbrowns, and choice of seitan or tempeh bacon*

## FRENCH TOAST 6 / 10 ▼

*choice of 2 or 4 wedges topped with powdered sugar and fruit*

## BENEDICT 14

*grilled tofu, ham, hollandaise on an english muffin served with hashbrowns and salad*  
ASK YOUR SERVER FOR GLUTEN FREE

## GRITS N GREENS 13 ◉

AVAILABLE 'TIL 5 PM  
*grits, sauteed kale, red onions, mushrooms, cherry tomatoes, cheddar cheese*

## DRUNKEN COWGIRL 13

*tofu scramble, tater tots, chili, cheese, avocado and texas toast*  
SUB GF TOAST +2 ◉ SUB BISCUIT + 2

## BISCUITS & GRAVY 12

AVAILABLE 'TIL 5 PM  
*house-made biscuits, soysage gravy, hashbrowns*

## COUNTRY BREAKFAST 14

AVAILABLE 'TIL 5 PM  
*seitan steak with white gravy, tofu scramble, hashbrowns*

## HUNGOVER HIPPIE 13 ◉

*tofu scramble with ham, tomato, broccoli, onion, mushroom, jalapenos, and scallions on a bed of hashbrowns*

## BREAKFAST BURRITO 14

*crumbled chorizo, tofu scramble, bell peppers, cheese, tater tots, in whole wheat tortilla topped with chipotle mayo served with side salad*

## LOADED BREAKFAST BURRITO 15

*crumbled chorizo, tofu scramble, bell peppers, cheese, tater tots, sauteed kale, in whole wheat tortilla topped with chives, enchilada sauce, sour cream, served with side salad*

## CHIK'N & WAFFLES 14

AVAILABLE 'TIL 5 PM  
*waffle topped with powdered sugar, breaded chik'n steak and maple butter*

## BELGIAN WAFFLE 13 ◉▼

AVAILABLE 'TIL 5 PM  
*topped with powdered sugar, fruit and whipped cream*

## BREAKFAST ENCHILADAS 14

*tofu scramble, soysage, cheese, in corn tortillas topped with enchilada sauce, avocado cream, sour cream served with side salad*  
ASK YOUR SERVER FOR GLUTEN FREE

# Pancakes

ADD WHIPPED CREAM +2 ▼

## BIRTHDAY 11

*sprinkles, Dandie marshmallows*

## BANANARAMA 11

*bananas, chocolate chips*

## COOKIE DOUGH 11

*cookie dough, chocolate chips*

## CINNAMON SWIRL 11

*cinnamon, cream cheese frosting, candied pecans*

## HAND-SIFTED PANCAKES 9 ▼

ADD CHOCOLATE CHIPS, BANANAS, STRAWBERRIES OR BLUEBERRIES +2/EACH

## S'MORES 11

*chocolate chips, Dandie marshmallows, graham crackers*

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# Sandwiches

COMES WITH SIDE SALAD  
GET FRIES INSTEAD +\$4

## BUFFALO CHIK'N 13

*spicy buffalo chik'n, lettuce, tomatoes, sautéed onions, ranch dressing on a hero*

## CUBANO 13

*grilled ham, marinated Blackbird seitan, melted cheese, pickles, mustard, mayo on a pressed hero*

## PHILLY CHEESE STEAK 14

*grilled Blackbird seitan, sautéed bell peppers, onions, mayo, cheese on a hero*

## REUBEN 13

*corned beef seitan, sauerkraut, cheese, russian dressing on rye*

## NASHVILLE HOT CHIK'N 13

*hot chik'n steak, lettuce, pickle, mayo on a bun*

## THE GRINDER 14

*grilled Blackbird seitan, banana peppers, mayo, melted cheese, onion, and garlic on a hero*

## COUNTRY-FRIED SEITAN 14

*breaded Blackbird seitan, bacon, cheese, ranch dressing, tomato, greens on texas toast*

## MEATBALL SUB 14

*meatballs, marinara, mozzarella on a hero*

## CAULIFLOWER PO BOY 12

*deep fried cauliflower, chili-lime mayo, lettuce, coleslaw, tomato, pickle on a hero*

## O.M.V. CLUB 11

*triple decker on rye with mayo, shredded cabbage, shredded carrot, cucumber, avocado, tomato, red onion, romaine*

ADD BACON +2 SUB GF TOAST +2 

## KALE CAESAR WRAP 13

*grilled chik'n, parmesan, and caesar dressing in a whole wheat wrap*

# Burgers & Dogs

SERVED WITH FRIES & PICKLE SPEAR

## CHEESEBURGER 14

*lettuce, tomato, onion, cheese, mayo and pickle*  
ADD BACON +2

## SPICY GRILLED CHIK'N 14

*grilled chik'n steak, chili-lime mayo, avocado, veggie bacon, lettuce, tomato*

## SMAUG BURGER 14

*shredded seitan, angry sauce, scallions, cabbage, cilantro, ginger aioli*

## ARTI'S DIP BURGER 15

*provolone, sauteed mushrooms, spinach & artichoke dip topped with onion rings*

## MONDO BURGER 16

*two burger patties, jalapenos, tomato, chipotle mayo, cheddar & provolone slices, topped with onion rings*

## BBQ BURGER 14

*breaded seitan steak, BBQ, ranch, tomato, pickle, onion, coleslaw, cheese*

## TACHO DAWG 14

*Yeah Dawg! hot dog in a potato bun, topped with tater tots, cheese sauce, jalapenos, sour cream*

## DIGGITY DAWG 14

*Yeah Dawg! hot dog in a potato bun, with chorizo, spicy corn chips, shredded cheddar, avocado, tomato*

*All menu items are made on shared equipment. Alert your server of any allergens.*

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# Shakes

## CLASSIC 8 ◉

*vanilla or chocolate ice cream*  
ADD COOKIE CRUMBLES, SPRINKLES,  
PEANUT BUTTER +.50/EACH  
WHIPPED CREAM + I

## S'MORES 9

*chocolate ice cream, crushed graham  
crackers, Dandie marshmallows*  
*whipped cream*

## NUT CRUNCHER 9 ◉

*chocolate ice cream, peanut butter,  
chick-o-sticks, shaved coconut*  
*whipped cream*

## COOKIE DOUGH 9

*vanilla ice cream, chocolate chips,  
house-made cookie dough,  
whipped cream*

## STRAWBERRY CREAM 9 ◉

*vanilla ice cream, strawberries,  
whipped cream*

## BIRTHDAY CAKE 9

*vanilla ice cream, sprinkles,  
house-made funfetti cake,  
whipped cream*

## GIRL SCOUT 9

*vanilla ice cream, mint, cookie crumbles*  
*whipped cream*

## BANANA CREME PIE 9

*vanilla ice cream, fresh bananas,  
house-made pie crust, whipped cream*

## APPLE PIE 9

*vanilla ice cream, house-made pie crust,  
whipped cream*

## PECAN PIE 9

*vanilla ice cream, house-made pie crust,  
whipped cream*

# Sundaes

## S'MORES SUNDAE 13

*three scoops of ice cream,  
graham crackers, shaved chocolate,  
toasted marshmallows, chocolate  
sauce, cherry on top*

## CLASSIC SUNDAE 10 ◉

*three scoops, chocolate sauce, whipped  
cream, cherry on top*

## BIRTHDAY CAKE SUNDAE 13

*three scoops of ice cream,  
house-made funfetti cake, sprinkles,  
whipped cream, cherry on top*

## COOKIE DOUGH SUNDAE 13

*three scoops of ice cream, house-made  
chocolate chip cookie dough,  
peanut butter cookie dough,  
cookie crumbles, chocolate sauce,  
whipped cream*

## Vegan Treats

AVAILABLE WEDNESDAY THRU SUNDAY WHILE IT LASTS!

### CAKE 7

*Peanut Butter Bomb*  
*Death by Chocolate*

### CHEESECAKE 6 ◉

*NY Style with cherry topping*  
*White Chocolate Raspberry*

### CANNOLIS 4

### CUPCAKES 4

*20% gratuity added to parties of 6 or more & checks split into 3 or more payments.*

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# Drinks

## COFFEE

MILKS: SOY, ALMOND, OAT, COCONUT

*Bottomless Coffee* 2.50

*Espresso* 3

*Maple Latte* 5

*Macchiato* 3

*Cappuccino* 4

*Latte* 4.50

*Chai Latte* 4

*Cold Brew Iced Coffee* 4.50

## TEA 1.50

*Earl Grey*

*English Breakfast*

*Green Tea*

*Peppermint*

*Chamomile*

## BEVERAGES

*Orange Juice* 3.75 / 6

*Iced Tea* 3.50

*Lemonade* 3.50

*Arnold Palmer* 3.50

*Hot Chocolate* 4

## JUICES 8

AVAILABLE 'TIL 10PM

### *Meadowlands*

*romaine, cilantro, celery,  
cucumber, apple, lemon*

### *Mighty Beet*

*beet, carrot, apple, ginger, lemon*

### *Ginger Shot* 4

*ginger, lemon, cayenne pepper*

## DRAFT SODA 2.50

100% CANE SUGAR

*Cola*

*Root Beer*

*Ginger ale*

*Lemon-Lime*

*Orange*

*Cream*

## FLOATS 7

*Root Beer*

*Orange Soda*

*Cream Soda*

*Iced Coffee*

## EGG CREAMS

*vanilla OR chocolate* 3

*coffee OR maple* 4

# Sides & Extras

SAUCES & DRESSINGS .75

TOFU SCRAMBLE 4 ◉

SOLO PANCAKE 3 ▼

COLESLAW 3

AVOCADO 3

SAUTEED KALE 5

SAUSAGE OR BACON 3

TOAST 2

GLUTEN-FREE TOAST 4

HASHBROWN 5 ◉

BISCUIT & BUTTER 3

EVERYTHING BISCUIT 3

WHIPPED CREAM 3 ▼

HOUSE SALAD 3

PURE MAPLE SYRUP 1.50

OPEN FROM **9AM-12AM** EVERYDAY

*No reservations, first come first serve!*

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