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*Est. 2010*



*ALL VEGAN*

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**WELCOME**

**to**

**CHAMPS**

***DINER***

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197 MESEROLE ST, BKLYN NY 11206    CHAMPSDINER.COM    718 599 2743

# Appetizers

## FRENCH FRIES 6 ◉

with chipotle mayo

ADD BACON & CHEESE +2 ADD CHILI & CHEESE +2

## SWEET POTATO FRIES 6 ◉

with chili-lime mayo

## TATER TOTS 6 ◉

ADD BACON & CHEESE +2 ADD CHILI & CHEESE +2

## THREE-BEAN CHILI ◉

CUP 4 OR BOWL 6

## MAC N CHEESE 9

ADD BROCCOLI OR BACON +2/EACH

## BRUSSEL SPROUTS 8

with tahini-miso

## POUTINE 9

with gravy and cheese curds

## SEITAN ASADA FRIES 9

seitan asada, sour cream, cheese, chives

## REUBEN FRIES 12

corned beef seitan, 1000 island, sauerkraut and cheese

## BUFFALO FRIES 12

buffalo fried cauliflower, bacon, ranch, and chopped celery

## PIZZA TOTS 12

marinara, pepperoni, mozzarella, onion, and mushrooms

## TEMPEH WINGS 9

buffalo or BBQ with crudité & ranch dressing

## TATERTACHOS 12 ◉

tater tots, nacho cheese, salsa, sour cream, jalapeños, black beans, guacamole, chives

## NACHOS 12 ◉

house-made chips, nacho cheese, olives, pinto beans, salsa, sour cream, jalapeños, guacamole, chives

ADD CARNE ASADA + 3

ASK YOUR SERVER FOR SOY FREE

## SOUP OF THE DAY 6

## MOZZARELLA STICKS 10

# Breakfast

## BENEDICT 13

grilled tofu, ham, hollandaise on multigrain english muffin served with hashbrowns and salad

ASK YOUR SERVER FOR GLUTEN FREE

## PANCAKE SLAM 13

2 pancakes, tofu scramble, soysage, hashbrowns, and choice of seitan or tempeh bacon

ADD CHOCOLATE CHIPS OR BLUEBERRIES + 1/EACH

## FRENCH TOAST SLAM 13

2 french toast wedges, tofu scramble, soysage, hashbrowns, and choice of seitan or tempeh bacon

## FRENCH TOAST 5 / 10 ✖

half or full order topped with powdered sugar and seasonal fruit

## DRUNKEN COWGIRL 12

tofu scramble, tater tots, chili, cheese, avocado with texas toast

SUB GF TOAST +1 ◉

## BREAKFAST BURRITO 12

crumbled chorizo, tofu scramble, bell peppers, cheese, tater tots, in whole wheat tortilla topped with chipotle mayo served with side salad

# Pancakes

TALL STACK +3 ADD WHIPPED CREAM +1

## HAND-SIFTED PANCAKES 8 ✖

ADD CHOCOLATE CHIPS, BANANAS, STRAWBERRIES OR BLUEBERRIES +2 EACH

## BIRTHDAY 9 ✖

sprinkles, Dandie marshmallows

## S'MORES 10

chocolate chips, Dandie marshmallows, graham crackers

## BANANARAMA 9 ✖

bananas, chocolate chips

## COOKIE DOUGH 10

cookie dough, chocolate chips

# Salads

ADD GRILLED CHIK'N +2

## KALE CAESAR 6 / 12

kale, garlic croutons, parmesan cheese, toasted sunflower seeds caesar dressing

## THE BIG SALAD 12 ◉✖

kale, avocado, black beans, sweet corn, cherry tomatoes, tortilla strips cilantro lime dressing

## TŪNA SALAD 12

tuno, cucumbers, carrots, croutons, onions, capers, tomatoes, romaine lemon-pepper aioli

## SUNNY SALAD 12

carrots, toasted sunflower seeds, avocado, cucumbers, romaine, kale tahini-miso dressing

## MAC DADDY 13

mac n cheese, veggie bacon, crumbled veggie burger, cherry tomato, broccoli, bread crumbs

## AWESOME BOWL 13 ◉

quinoa, tofu scramble, bell peppers, garlic sautéed kale, tater tots, lemon wedges with hollandaise sauce

# Bowls

## BASIC BOWL 11 ◉

rice, carrots, black beans, broccoli, toasted sunflower seeds, avocado, tahini-miso dressing

## SOLTERO BOWL 13

crumbled chorizo, quinoa, onions, mushrooms, bell peppers, sautéed kale, chives, lime wedge, tortilla strips lemon-pepper aioli

## HABIBI BOWL 13 ◉

crispy chickpeas, shawarma cauliflower, rice, onions, with fresh cucumbers, tzatziki sauce, fresh parsley

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# Entrees

COMES WITH SIDE SALAD  
GET FRIES INSTEAD +\$4

## BUFFALO CHIK'N 11

*spicy buffalo chik'n, greens, tomatoes, sautéed onions, ranch dressing on a hero*

## CUBANO 12

*grilled ham, marinated Blackbird seitan, melted cheese, pickles, mustard, mayo on a pressed hero*

## PHILLY CHEESE STEAK 12

*grilled Blackbird seitan, sautéed bell peppers, onions, mayo, cheese on a hero*

## REUBEN 11

*corned beef seitan, sauerkraut, cheese, russian dressing on rye*

## THE GRINDER 12

*grilled Blackbird seitan, banana peppers, mayo, melted cheese, onion, and garlic on a hero*

## COUNTRY-FRIED SEITAN 13

*breaded Blackbird seitan, bacon, cheese, ranch dressing, tomato, greens on texas toast*

## CHIK'N PARM 13

*chik'n, marinara sauce, basil pesto, and mozzarella cheese on a hero*

## BAJA FISH BURRITO 12

*crispy fish cutlets, purple cabbage, greens, sour cream, avocado, salsa, chipotle mayo in whole-wheat tortilla*

## CAULIFLOWER PO BOY 12

*deep fried cauliflower, chili-lime mayo, lettuce, coleslaw, tomato, pickle on a hero*

## CHIK'N BISCUIT 10

*fried chik'n, pickles, agave, mayo on a biscuit*

## B.L.A.T.T. 11

*seitan bacon, lettuce, avocado, turkey, tomato, and lemon mayo on rye*

## PATTY MELT 12

*burger patty, caramelized onions, 1000 island, and swiss on rye*

## TÜNA MELT 12

*tuna salad, American cheese, lemon-pepper aioli, served open-faced on rye*

## TACOS SUAVES 10

*2 tacos with seitan asada or fried fish, diced onions, and guacamole with cilantro and chili-lime mayo*

## KALE CAESAR WRAP 13

*grilled chik'n, parmesan, and caesar dressing in a whole wheat wrap*

## THE BIG CHICKEN 12

*grilled chik'n, bacon, ranch, lettuce, tomato, onion, pickle, on a roll*

# Burgers

SERVED WITH FRIES & PICKLE SPEAR

## CHEESEBURGER 13

*lettuce, tomato, onion, cheese, mayo and pickle*  
ADD BACON +2

## SPICY GRILLED CHIK'N 13

*grilled chik'n steak, chili-lime mayo, veggie bacon, lettuce, tomato*

## PULLED PORK 13

*marinated seitan, slaw, BBQ sauce, pickles*

## THE GUTBUSTER 14

*jalapeños, American cheese, guacamole, chipotle mayo, lettuce, tomato, pickle, onion*

## SHMEAR BURGER 14

*provolone, sauteed mushrooms, horseradish shmeat topped with onion rings*

## BBQ BURGER 13

*seitan steak, BBQ, ranch, tomato, pickle, onion, slaw, cheese*

# Hot Dogs

SERVED WITH FRIES & PICKLE SPEAR

## THE BARRIO DOG 13

*two dogs topped with chorizo, guacamole, salsa, sour cream, and fresh cilantro*

## STREET DOG 12

*two dogs topped with sauerkraut, onions, yellow mustard*

## HOG WILD DOG 13

*two dogs topped with bacon, nacho cheese, crumbled potato chips, chives, sour cream*

## WEST COAST DOG 13

*two dogs topped with cream cheese, charred jalapeños, everything seasoning, sauteed onions, sriracha*

No substitutions.

20% gratuity added to parties of 6+ & checks split into 3 or more

Because we offer a wide range of vegan foods, we are unable to guarantee food preparation with utensils that have not also come in contact with allergens.

✂ = asterik notes a soy-free item    ○ = asterik notes a gluten-free item

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# Shakes

## CLASSIC 8 ◉

vanilla or chocolate ice cream  
ADD COOKIE CRUMBLES, SPRINKLES,  
PEANUT BUTTER +.50/EACH

## S'MORES 9

chocolate ice cream, crushed graham  
crackers, Dandie marshmallows

## NUT CRUNCHER 9 ◉

chocolate ice cream, peanut butter,  
chick-o-sticks, shaved coconut

## ORANGE CREME 9 ◉

vanilla ice cream, whipped cream

## GIRL SCOUT 9

vanilla ice cream, mint  
cookie crumbles

## COOKIE DOUGH 9

vanilla ice cream, chocolate chips,  
house-made cookie dough,  
whipped cream

## MOCHA 9 ◉

chocolate ice cream, whipped cream

## CHERRY PIE 9

vanilla ice cream, house-made pie crust,  
cherry pie filling, whipped cream

## BLUEBERRY PIE 9

vanilla ice cream, house-made pie crust,  
blueberry pie filling, whipped cream

## BANANA CREME PIE 9

vanilla ice cream, fresh bananas, house-  
made pie crust, whipped cream

## STRAWBERRY CREAM 9 ◉

vanilla ice cream, strawberries,  
whipped cream

# Drinks

## JUICES 8

AVAILABLE 'TIL 10PM

### Green Face

cucumber, broccoli, kale,  
green apple, celery,  
lime, pineapple

### Gold Strike

pineapple, orange, ginger,  
lemon, cayenne pepper

### Ginger Shot 4

ginger, lemon, cayenne pepper

## BEVERAGES

Orange Juice 3.75 / 6

Carrot Juice 3.75 / 6

Bottomless Iced Tea 3

Lemonade 3.50

Arnold Palmer 3.50

Hot Chocolate 3

## COFFEE

MILKS: SOY, ALMOND, OAT

Bottomless Coffee 2

Espresso 2.50

Maple Latte 4.50

Macchiato 3

Cappuccino 3.50

Latte 4

Chai Latte 4

Cold Brew Iced Coffee 4

## TEA 1.50

Earl Grey

English Breakfast

Green Tea

Peppermint

Chamomile

## DRAFT SODA 2.50

100% CANE SUGAR

Cola

Root Beer

Ginger ale

Lemon-Lime

Orange

## FLOATS 7

Root Beer

Orange

Iced Coffee

## EGG CREAMS

vanilla OR chocolate 3

coffee OR maple 4

# Sides & Extras

SAUCES & DRESSINGS .50

TOFU SCRAMBLE 3.75

SOLO PANCAKE 3

COLESLAW 3

AVOCADO 3

GUACAMOLE 3

DRUMSTICKS 6

SAUTEED KALE 5

SAUSAGE OR BACON 3

TOAST 2

GLUTEN-FREE TOAST 3.50

HASHBROWN 5

BISCUIT & BUTTER 2.50

EVERYTHING BISCUIT 3.50  
WITH HORSERADISH SHMEAR

WHIPPED CREAM 2

HOUSE SALAD 3

PURE MAPLE SYRUP 1

OPEN FROM **9AM-12AM** EVERYDAY

**No reservations, first come first serve!**

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